## This is how we Football





Step

Train Harder and get Stronger!

## Football Specific Strength Training

The football specific strength training ensures stronger muscles and core strength. Overall agility and flexibility is highly affected through our training. This works especially well when we start early.

# Tournament Exposure

HHSS is both an academy and a club. We train at "Home" and compete in tournaments like MDFA. Our players experience what it's like to play with their team at these leagues. What's more? We win and lose (mostly win) together!

### Bi-Monthly Performance Assesment

To keep track of progress, we host an assesment for our students every two months. This allows the parents and us to identify where there is room for improvement and how far along their ward has come since they first joined HHSS.

## **Football Coaching**

We focus on the core strengths of our players and help them recognize their weakness so that they can improve. Not only do we coach our students to be stronger footballers but also to be better human beings.

# Age/Game Specific Batches

All the training sessions are taken in batches. Either split on the basis of age or level of expertise. This is done so that the true nature of the game i.e Team spirit is instilled into our players which works especially well when playing with teammates at the same level.

## **Theory Sessions**

Football is a game we all love but it's as much a strategy game as it is a physical sport. First things first, our players are brought up to speed about all the rules and best tactics for football.

## 1v1 Training

At HHSS we do 1v1 training to eliminate all the weaknesses from your game. Book a 1v1 session to get uninterrupted attention.

## 7 Days a Week

We're functional all days of the week, especially because our club keeps growing in numbers and we want to give equal time to all our champs!

## **Contact Us**

+91 9930440470 coaching@hugryheartssoccerschool.com

# **Questions & Answers**

#### What is Hungry Hearts Soccer School?

"It is all about living for the dream you believe in." At HHSS, we strive to create and provide a comprehensive soccer experience for the youth. We set standards for excellence and create future stars who will be taking the game to the next level.

We believe in mentoring the young to achieve their highest potential in all aspects of their lives. We cherish the hard work, dedication and the discipline & look forward to imbibe the same in all our players.

#### Where is HHSS currently located? Can I book a session next to where I stay?

We function majorly in Goregaon & Kandivali. You can book a session for you child close to where you stay for us to assess the best way to build football skills for them. Note that we are more than happy to open a branch next to where you're located if the number of students are enough to start a batch.

#### Can I Book a trial session for my child?

Yes, we give an opportunity to children to have a trial. Please fill in the registration form or contact the center of interest with this enquiry and we can arrange an appropriate session for your child to attend

#### What needs to be brought to each session?

Footwear suitable for the surface, shin guards, named water bottle, tracksuit top/sweatshirt in winter period if necessary. Each player must wear an appropriate uniform (provided) for match day or a regular training session.

#### Can parents stay and watch?

Yes, at HHSS Mumbai venues parents are permitted to remain onsite whenever training sessions/matches take place. However, parents must be outside the football pitch and are strictly not allowed to cross the field when sessions take place, or speak to the players during the training session.

#### Can I enroll my child for a short-term program?

Yes! We also run short-term 1 on 1 programs based on the childs growth requirements.

#### Can I transfer my child from one branch to another?

Yes, however it depends on the availability in a desired branch for your child's specific age group. Should you have such enquiry, please feel free to contact the respective venue coordinator to arrange for the transfer or a waiting list.

#### What are the payment options do I have and can I pay for the memberships in several installments?

Payment can be made by either Cash, Cheque. Membership payments are to be made at once upon registration. Installments option is available. But the player can choose the membership duration as per their payment comfort.

#### Will my child's performance on the field be improved?

It is our aim for every child to gain success at their individual as well as a team level. Our coaching staff are specifically trained to pass on how the players are trained. Our specially designed coaching programs help improve the skill levels in all children. What's more is that we keep Bi-monthly assessments to inspect the progress made by the students and report it to the parents..

#### Do you offer scholorships?

70% of the fee is taken care of by Hungry Hearts Soccer School for a select number of identified talent.